

Well-Being Programme of Events and Activities

ExChange Wales Summer Conference Series

21 June - 13 July 2021



Ariennir gan
Lywodraeth Cymru
Funded by
Welsh Government

ExChange Wales Summer Conference Series - Well-Being

Week 1

21st June: Launch Video

Defining well-being & an evaluation of the Act in Wales. (Jen Lyttleton-Smith, Cardiff University & Pippa Anderson)

23rd June 11am-12.30pm: Online Workshop

BASW Well-being toolkit for social workers (Allison Hulmes & Meryl Williams, BASW Cymru)

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24th June: Blog

CAER Heritage and social prescribing: improving health and well-being through heritage projects (Ollly Davis, Cardiff University)

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Week 2

29th June: Pre-Recorded Webinar

Experiences of Unpaid Carers during the Pandemic and Beyond (Dan Burrows and Jen Lyttleton-Smith, Cardiff University)

1st July 11am - 12.30pm: Online Workshop

Well-being outcomes - from metrics to meaning (Nick Andrews, Swansea University)

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Week 3

5th July 11am - 12pm: Webinar

Bright Spots programme - 10, 000 Voices:
Looked after children and young people's
views on their well-being (Julie Selwyn,
Oxford University)

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6th July 11am-12pm: Webinar

Here2there.me – a person centred
planning and outcomes recording App
(Roger Rowett, Here2there)

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Week 4

13th July 11am-12pm: Webinar

Health inequalities and dementia care: what matters to people living with dementia and their families (Sofia Vougioukalou, Cardiff University, Suzanne Duval, Diverse Cymru and Anne Mears-Rees, Promo Cymru)

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