**Families First Q4 Case Study**

***5th February 2024 – Disability Art Club, cinema trip***

*Our art club, facilitated by local artist Chris Walters, is for young adults with a disability, aged 16-25yrs.
In December 2023, they attended the local Christmas market at Bedwellty House & Park, Tredegar, where they had the opportunity to sell clay ornaments that they had personally made at club. The funds raised from the sale of the ornaments was then used to fund a trip of their choice. The guys at the club opted for a cinema trip as it was their ‘favourite thing to do’ and how they would ‘love to spend time with their friends and staff outside of club for the afternoon’.
Our Art Club provides the young adults with opportunity to learn new skills, promotes their independence, gives them space to form relationships and form a bond with peers and hopefully begins to equip them with some simple skills, that will be transferable, should the opportunity arise for them to, perhaps, live independently.
Having fun with their peers and accessing the local community is key to promoting their independence and provides them with a voice, choice and the chance to socialise in an environment that they enjoy and feel comfortable in.*

*The trip was supported by Chris, alongside staff from both Families First & 0-25 Disability Team.*