A referral was made to Action for Children Parenting to address keeping the eldest child safe when out of the home (as he would run away), address physical and violent aggression/behaviour and how to regulate emotions and feelings. The older sibling had historically made an allegation that Dad had hit him. This had been followed up and it was made clear that Dad was removing him from the shower as he was hurting his younger sibling. There are no concerns around Dad.

When support began the older sibling was under speech and language which has now stopped as there had been a significant progress in his speech. Worker explained this would be a massive help with communication in regard to boundaries and keeping him safe, as well as having a positive impact on his behaviour.

The worker set time scales and sessions to best support the family, looking at the following the below points during the 10 weeks of support:

* Family Rules
* Consequences and Boundaries
* Positive Behaviour Curve
* Prioritising behaviours to address.
* Introduce ‘Calm Down Time’
* Go through active ignoring
* Support mum with taking both children out without someone else to support.
* Go through transitions.
* Practice using the timer.
* Using praise.
* Nurture Support

Throughout the weeks the worker would recap what had been done the prior week, ensuring the parents felt confident and able to put new and sometimes challenging strategies in place. When support came to an end both parents stated the support they received had changed their lives. They noted behaviour could still be tricky but felt empowered and had the strategies to be better equipped when dealing with situations.