**Youth Arts and Sonig Case Study - CCG**

A moved to Wales at the start of covid having been involved with county lines in London. His mum referred him to Project Prosper following the death of his grandfather.Initially too socially anxious to participate in a group, our tutor delivered one to one sessions to build his confidence in his creativity. A grew in confidence enough to join the group RAP/ Music production and performance sessions. He was supported to write about his experience and feelings, develop his creativity, learn how to record himself and performed his own original composition in front of an audience.

A's growth has been inspirational and has had a positive impact on his health and wellbeing:

‘*Finding rapping and the Project Prosper* sessions *have given me a reason to get up in the morning and I actually feel excited about life and what the future might hold. I have made great friends too and my social anxiety doesn’t seem to exist anymore. The showcase event really helped me, by building my confidence about my music and who I am and I can’t wait for the next one. I don’t feel I want to get involved in all the negative stuff I was getting involved in before now. I just feel really proud of myself’.*

A’s mum reports that the only thing that has got A through the aftermath of losing his grandfather is Project Prosper:

*‘Every week he looks forward to going - it gets him out of the house, gives him a focus and in turn, gives him a future. He's started socialising again whilst doing something he has a real passion for’.*

She reports that gets so much from the sessions and believes it's the start of a very bright future for him.