SLT Case Study: Spring Term 2024.

X is age 2, awaiting autism diagnosis. Her mother, attended the Building Blocks to Communication parent course for 6 sessions during January and February 2024 which was delivered by the SLT team and a Parenting Team worker. The sessions were delivered in the following format:

Session 1, 3, 4, and 6: online via Attend Anywhere 1.5 hours (Information sharing)

Session 2 and 5: face to face stay and play in a sensory room 1 hour (modelling and demonstration)

X attended all sessions following a referral from the Early Language Development Team. She embedded each strategy given and was able to confidently feedback each week about the progress being made in the home. She particularly utilised ‘special time’ and had started getting all members of the household, including the other children, to have 1:1 time with X. She saw great improvement in everyone’s relationships, and X skills, so much so that on completion of the course, she asked to delay the next step of a follow up visit by 1 month as she was enjoying seeing all the improvements she was achieving herself and wanted more time to continue the strategies. X cried during the final session as she was so overwhelmed with the difference the group had made, and had enjoyed getting to meet the other parents in person and did not want to stop the support she was feeling from the group leaders and members. What is extremely beneficial about this course being run collaboratively with the Parenting team, is that they have been responsive to parent’s feedback, and will now be running a follow on 10 week course in the coming term which all the BBC parents were then offered in the final session. This will continue their social support, their building of knowledge of autism and how to support their children with behavioural and sensory needs. All parents planned to take up the offer (delivery day and time dependent).

Astudiaeth Achos ThIaLl: Tymor y Gwanwyn 2024.

Mae X yn 2 oed, yn aros am ddiagnosis awtistiaeth. Mynychodd ei mam, y cwrs rhieni Blociau Adeiladu tuag at Gyfathrebu ar gyfer 6 sesiwn yn ystod Ionawr a Chwefror 2024 a gyflwynwyd gan y tîm ThIaLl a gweithiwr Tîm Magu Plant. Cyflwynwyd y sesiynau yn y fformat canlynol:

Sesiwn 1, 3, 4, a 6: ar-lein drwy Attend Anywhere 1.5 awr (Rhannu gwybodaeth)

Sesiwn 2 a 5: awyneb yn wyneb a chwarae mewn ystafell synhwyraidd 1 awr (modelu ac arddangos)

Mynychodd X yr holl sesiynau yn dilyn atgyfeiriad gan y Tîm Datblygu Iaith Gynnar. Roedd hi'n ymgorffori pob strategaeth a roddwyd ac roedd hi'n gallu rhoi adborth hyderus bob wythnos am y cynnydd sy'n cael ei wneud yn y cartref. Roedd hi'n defnyddio 'amser arbennig' yn arbennig ac roedd hi wedi dechrau cael pob aelod o'r aelwyd, gan gynnwys y plant eraill, i gael amser 1:1 gyda X. Gwelodd welliant mawr ym mherthynas pawb, a sgiliau X, cymaint felly ar ôl cwblhau'r cwrs, gofynnodd am oedi cam nesaf ymweliad dilynol o 1 mis gan ei bod yn mwynhau gweld yr holl welliannau yr oedd hi'n eu cyflawni ei hun ac eisiau mwy o amser i barhau â'r strategaethau. Fe wnaeth X grio yn ystod y sesiwn olaf gan ei bod wedi ei llethu cymaint gyda'r gwahaniaeth roedd y grŵp wedi'i wneud, ac roedd wedi mwynhau dod i gwrdd â'r rhieni eraill yn bersonol ac nid oedd am atal y gefnogaeth yr oedd hi'n ei deimlo gan arweinwyr ac aelodau'r grŵp. Yr hyn sy'n hynod fuddiol am y cwrs hwn yn cael ei redeg ar y cyd â'r tîm Magu Plant, yw eu bod wedi bod yn ymatebol i adborth rhieni, ac y byddant nawr yn cynnal cwrs dilynol ar ôl 10 wythnos yn y tymor i ddod a chynigiwyd holl rieni'r BA i G yn y sesiwn olaf. Bydd hyn yn parhau â'u cefnogaeth gymdeithasol, eu meithrin gwybodaeth am awtistiaeth a sut i gefnogi eu plant ag anghenion ymddygiadol a synhwyraidd. Mae'r holl rieni yn bwriadu manteisio ar y cynnig (yn ddibynol ar y diwrnod ac amser).