**Flying Start – SLT.**

Brief background of the case (quick summary about the person/family)

A Flying Start Family Worker (FW) has worked with a family since June 2024. The referral was made by the child’s Health Visitor with concerns regarding the child’s speech and language development. Originally, the support given was a play package of care which was then changed to the Enhanced Family Support package.

Challenges they faced:

The child’s mother is a single parent to four children. The second eldest child has Additional Learning Needs and a medical condition. The child receiving support from the FW was referred to the neurodevelopment service due to challenging behaviour at home and at school. They are questioning a possible ADHD diagnosis. The child has poor speech and language and often becomes aggressive towards his mother and younger sibling. The mother also suffers with depression and anxiety and is under the Community Mental Health Team. She finds it difficult to leave the house. She also struggles with making money last until the end of the month.

What support was received, and how they accessed the support:

The FW carried out weekly visits in the home to demonstrate play strategies to the mother so she could put into them practice with her child to aid his language development.

In addition, the FW supported the mother with completing neurodevelopment service forms and contacted the food bank on her behalf to get supplies delivered. The FW also assisted the mother in contacting CAB and housing support to get budgeting/financial advice.

To help with the child’s behaviour, the FW supported the mother to attend the ‘Triple P: Positive Parenting Discussion Group’ programme organised by Flying Start in her local community.

Mother and children also attend Flying Start’s Clwb Hwyl (language and play group) where various play activities are available to help with their social, emotional, and physical development as well as providing the parents with speech and language messages to help support the child’s development.

As the child was leaving the Flying Start programme and transferring to School Nurse, they also made a referral to Teulu Môn so they could continue to receive support.

The difference made after receiving the support:

Although the child only made some progression in his speech and language development, his mother felt better equipped to understand and support his needs. She also used the strategies learnt to support the child’s younger sibling. Positive feedback was received; the mother said “I have gained confidence to leave the house to attend group sessions and take my boys to Clwb Hwyl. My support worker has been amazing and so much help. She will be missed”.