**Home Start Powys – Case Study Q2 2024-25**

**Case Study ‘NE’:**

NE approached Home-Start Cymru at an outreach stall at a community baby bank, she

was seeking support after fleeing domestic abuse. Her mother, who had been in a similar

situation years ago, recommended Home-Start to her. NE expressed eagerness to utilise

all available support and integrate into her new surroundings.

A few weeks after the baby bank event, we received NE's self-referral via email. HomeStart Cymru promptly visited the family in their temporary accommodation. It was evident

that they had only the bare essentials in their home. Upon completing the initial

assessment, we identified several key areas for support:

· Acquiring a cooker

· Locating toddler groups in the area to help NE integrate and make new friends

· Providing NE with details for depression support groups

· Offering emotional support

· Signposting financial and budgeting support

Since the initial assessment, NE has made significant progress. Thanks to the Children in

Need emergency essentials grant, she now has a cooker and is delighted to prepare

nutritious meals for herself and her son. She has information on local toddler groups,

enabling her to meet new people and socialise. NE plans to join the Mums Matter support

group. Her greatest relief came when the council made her housing arrangement

permanent, alleviating the stress of potential relocation.

NE received regular home visits providing emotional support and ongoing needs

assessment. The assessment provided both a “pulse’ of how NE was coping and a way

to identify the progress on her journey since engaging with Home-Start Cymru.

NE reports feeling more resilient and confident, attributing this positive change to our help

and ongoing support.