CASE Study

C1 is 2 years old and had been subject to a child protection plan due to domestic incidents between parents who now live separately – C1 lives with M and M is a young mother who is socially isolated and has a fractious abusive relationship with her own mother. M struggles with anxiety and was referred to HSC as she needed nurture and support to socialise with other young Mums.

M was given emotional support by a HSC volunteer, who researched baby groups, supported M to attend local groups and to access the local library. Furthermore, HSC supported M by utilising the Children in need Essential items fund to apply for beds and a warmer home pack. Furthermore, HSC sign posted M to local food and baby banks.

As an exit strategy M was referred to domestic abuse floating support as M felt that she had gained more confidence due to HSC support and was now ready to engage with domestic abuse services. HSC coordinator handover M to domestic abuse services with a joint visit, to ensure a smooth transition

M stated in her end review that for the first time in her life, HSC had provided her with a consistent adult. M conveyed that due to HSC support that she does feel more able to face things and is more resilient and confident in her ability to cope with daily family life.