**Case Study**

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| **Area of funding**  (indicate which area of funding the case study relates to) | Prevention  Parenting  PCLA  Resettlement  Victim  Substance misuse󠄀  Community Resolution |  |
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| **Aim of Intervention**  Briefly describe what you were trying to achieve | Improve family relationships and prevent further aggression within the home. Prevent young person from being accommodated by Social Services which at the time was extremely likely. Help parents to support their son with his emotional health and ongoing difficulties. Provide insight into their son’s diagnosis of ASD and related difficulties. | |
| **Method**  What methods did you use to achieve the aim? | Regular face to face meetings with parents. Emotional and practical support. Supporting parents with Educational meetings. Regular meetings with Social Services. Exploring and teaching NVR practice, healthier communication. Various exercises from Take 3 programme and other useful material. I also supported the mother to submit her own referral for assessment for ASD. She is now on the waiting list. | |
| **Outcome**  What difference did your intervention make? | Violence within the house ceased, relationships improved, son finished school, completed GCSE’s and remained living in the home. Parents mental health improved. Also, father reported that his relationship was now stronger with his wife due to understanding ASD further.  An evaluation has been completed and the father also emailed in to say how useful the sessions had been to their family. | |