Case study 12:

AB’s sister, was born at 26 weeks gestation and has demanding health issues, Cat 4 bleed post birth. AB had to attend numerous hospital appointments and has professionals frequently to the house to monitor her sister’s progress. Mum had to monitor the baby closely and keep track of her demands. There were little family support and both parents had been through a tumultuous time with their youngest daughter. Mum’s mental health was a concern, after spending weeks in SCBU and the anxieties that come with a premature baby.

The Childcare Team funded for AB to attend a nursery and during this time she had the opportunity to play in a relaxed environment and socialise with her peers. The parents’ wellbeing improved as they had more time with the baby and felt that AB was having fun. Financial stress also decreased.

The parents are pleased with the support that they have received and feel that the whole family have benefitted.