Case Study 10:

Mum was struggling with their mental health and had anxiety, depression and PTSD. There was high stress within the family as Dad’s dad passed away and he then lost his mother to suicide. Mum's mum had lung cancer and Mum was struggling with her physical health. AT's behaviour was becoming difficult, he was head butting and biting and his social interaction with his peers were limited.

AT had a fantastic time in nursery and Mum reported that his speech has improved 100%. Mum's emotional wellbeing has improved, and her stress has reduced as she has had time to work with her Family Support Worker.