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| Length of intervention | 5 Weeks |
| Number of family members worked with | 2 |
| Status ie, on-going/ closed | Closed |
| Need-Primary issue identified – include family dynamics | Parents referred from Flying Start Midwifery as part of Welcome to the world Antenatal programme. During initial phone call expectant Mother advised she did not personally feel that she needed support as she was an Auntie to other children and had been a birthing partner.  Expectant Mother explained it was more for her partner who had no experience of babies.  Parents enrolled for 5 weeks of welcome to the world antenatal programme. |
| Work conducted | Delivery of 5-week programme covering key topics around feelings and nurturing in pregnancy.  For this expectant family it was clear that outside of practical baby care that they had not considered conversations with other family members and how emotionally they would prepare for the arrival of baby.  Both interacted well and opened up throughout with other members of the group about their anxieties.  They also disclosed that they had not been in a relationship long before falling pregnant and that the cultural discussions and family values were thought provoking. |
| Case through TAF/MIA Social Services (specify one) | Flying start Midwifery |
| Outcomes Achieved | Expectant parents successfully completed the 5-week programme.  Feedback was that the conversations around emotionally planning and considering each other’s views and backgrounds was particularly helpful.  Feedback received was extremely positive and details exchanged with other members of the group to stay connected.  Both referred onto Gro-Brain which is facilitated by the NHS.  An additional baby care session also booked with the flying start support worker who delivered the course. |